

**LifeMatters**<sup>®</sup>  
Good for People. Great for Life.

An Employee Assistance  
Program by Empathia



**LifeMatters**<sup>®</sup>

**For UW-Madison**

**Kelly Parbs**



**Employee Assistance Office**  
UNIVERSITY OF WISCONSIN-MADISON



# Understanding Confidentiality



**Exceptions**

**Privacy**

**Trust**

# What Can I Expect When I Call?

Problem solving in the moment

Language services

Support, resources



# What Questions Do You Have?

**Services...**

**Who is eligible...**

**Five sessions...**

**If I need other  
resources...**



# Which Program is Best for Me?

You can choose...

## LifeMatters

- Assistance available day or night
- 1-800-634-6433
- In-person counseling
- mylifematters.com
- Website Password: Bucky1

## • EAO

- Appointments during business hours
- 608-263-2987
- Visit us at Lowell Center
- eao@wisc.edu
- Campus workplace experts